

CHAPTER 157. DRUG AND ALCOHOL SERVICES**GENERAL PROVISIONS**

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Authority

The provisions of this Chapter 157 issued under Articles IX and X of the Public Welfare Code (62 P. S. §§ 901—921 and 1001—1031); and the Pennsylvania Drug and Alcohol Abuse Act (71 P. S. §§ 1690.101—1690.115), unless otherwise noted.

Source

The provisions of this Chapter 157 adopted October 18, 1985, effective November 18, 1985, 15 Pa.B. 3789, unless otherwise noted.

Cross References

This section cited in 28 Pa. Code § 704.1 (relating to scope); 28 Pa. Code § 711.2 (relating to policy); 28 Pa. Code § 715.3 (relating to approval of narcotic treatment programs); 28 Pa. Code § 715.23 (relating to patient records); and 31 Pa. Code § 89.621 (relating to inpatient detoxification services).

§ 157.1. Principle.

When a hospital provides inpatient drug and alcohol detoxification services or inpatient drug and alcohol detoxification and treatment and rehabilitation ser-

vices, it shall provide the services in a manner sufficient to meet the medical and psychological needs of the patients.

§ 157.2. Definitions.

The following words and terms, when used in this chapter, have the following meanings, unless the context clearly indicates otherwise:

Aftercare plan—A plan for patients to follow after they leave formal treatment. It is the patient's individual plan for the future, including an identification of the patient's personal goals and objectives.

Detoxification—The process whereby a drug or alcohol intoxicated or dependent patient is assisted through the period of time necessary to eliminate, by metabolic or other means, the presence of the intoxicating substance, while keeping the physiological or psychological risk to the patient at a minimum. This process should also include efforts to motivate and support the patient to seek formal treatment after the detoxification phase.

Follow-up—The procedure by which the staff determines the status of a patient who has been referred to an outside service provider for services or who has been discharged from the drug and alcohol service.

Treatment and rehabilitation—Following the physiological detoxification phase, activities carried out specifically to effect the reduction of the dysfunction of the patient. This includes the systematic application of social, psychological or medical service methods to assist individuals to deal with the causative effects or consequences of drug or alcohol abuse.

§ 157.3. Organization.

(a) Inpatient drug and alcohol services shall comply with §§ 157.21—157.25 (relating to inpatient hospital activities—detoxification). These detoxification services should be provided in an identified drug and alcohol unit, but may be provided in beds dispersed throughout the hospital.

(b) Those drug and alcohol programs that intend to provide formal treatment beyond the detoxification phase of care shall also comply with §§ 157.41—157.44 (relating to inpatient hospital activities—treatment and rehabilitation). The services shall be provided in an identified drug and alcohol treatment and rehabilitation unit within the hospital.

§ 157.4. Director of drug and alcohol services.

When a hospital provides inpatient drug and alcohol detoxification services or inpatient drug and alcohol detoxification and treatment and rehabilitation services, there shall be a director of the drug and alcohol services who is responsible for the planning, organization, implementation and management of the services and is qualified to perform these functions by education and experience.

INPATIENT HOSPITAL ACTIVITIES—DETOXIFICATION**§ 157.21. Admission—detoxification.**

(a) Admission procedures other than initial medical or psychiatric care shall be performed at a time when the patient is mentally and physically capable of comprehension and response.

(b) Admission procedures shall include documentation of the following:

- (1) Histories, which include the following:
 - (i) Medical history.
 - (ii) Drug or alcohol history, or both.
 - (iii) Personal history.
- (2) Consent to treatment.
- (3) Physical examination.
- (4) Psychosocial evaluation.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization); and 31 Pa. Code § 89.621 (relating to inpatient detoxification services).

§ 157.22. Patient management services.

(a) There shall be a written plan that delineates specific service planning and counseling approaches used to promote patient interest in participating in necessary treatment following the detoxification process.

(b) The service staff shall develop a written patient aftercare policy.

(c) The service staff shall develop a written patient follow-up policy.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization); and 31 Pa. Code § 89.621 (relating to inpatient detoxification services).

§ 157.23. Patient records.

(a) In addition to the requirements contained in § 115.32 (relating to contents), the patient's medical record shall contain a drug and alcohol support plan, follow-up information, and an aftercare plan, if applicable.

(b) Patient records shall be kept confidential in accordance with applicable Federal drug and alcohol regulations and the confidentiality requirements in 4 Pa. Code §§ 255.4 and 255.5 (relating to UDCS: confidentiality and access to information and projects; and coordinating bodies: disclosure of client-oriented information).

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization); and 31 Pa. Code § 89.621 (relating to inpatient detoxification services).

§ 157.24. Uniform Data Collection System.

The drug and alcohol service shall comply with the Department's Uniform Data Collection System if the service utilizes Department funds.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization); and 31 Pa. Code § 89.621 (relating to inpatient detoxification services).

§ 157.25. Notification and termination.

(a) The director shall notify the patient, in writing, of a decision to involuntarily terminate the patient's treatment in the service. The notice shall include the reasons for termination.

(b) The patient shall have an opportunity to request reconsideration of a decision terminating treatment.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization); and 31 Pa. Code § 89.621 (relating to inpatient detoxification services).

**INPATIENT HOSPITAL ACTIVITIES—TREATMENT
AND REHABILITATION****§ 157.41. Admission—treatment and rehabilitation.**

(a) The service director shall develop a written plan providing for admission which shall include, but not be limited to, the following:

- (1) Criteria for admission.
- (2) Treatment models utilized by the service.
- (3) Requirements for completion of treatment.
- (4) Involuntary discharge/termination criteria.

(b) Admission procedures shall include documentation of the following:

- (1) Disclosure to the patient of criteria for admission, treatment, completion, and discharge.
- (2) Patient orientation to the service which shall include, but not be limited to, a familiarization with the following:
 - (i) Service policies.
 - (ii) Services provided.
- (3) Initial treatment and rehabilitation plan.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization).

§ 157.42. Treatment and rehabilitation services.

(a) The director shall be responsible for a written plan for the coordination of patient treatment and rehabilitation services which shall include, but not be limited to:

- (1) Defined target population.
- (2) Treatment models utilized by the service.
- (3) Written procedures for the development, approval, and ongoing management of treatment/rehabilitation services of patients.
- (4) Written procedures for referral outlining cooperation with other service providers.

(b) An individual treatment and rehabilitation plan shall be developed with each patient. This plan shall include, but not be limited to, written documentation of the following:

- (1) Short and long-term goals for treatment as formulated by both staff and patient.
- (2) Type and frequency of treatment and rehabilitation services.
- (3) Proposed type of support services.

(c) Treatment and rehabilitation plans shall be reviewed and updated at least every 15 days.

(d) Treatment services shall be provided on a regular and scheduled basis in accordance with the individual treatment and rehabilitation plan.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization).

§ 157.43. Patient support services.

The service staff shall assist the patient in obtaining the following supportive services, when necessary:

- (1) Educational.
- (2) Vocational.
- (3) Job development and placement.
- (4) Economic.
- (5) Legal.
- (6) Recreational/social.
- (7) Medical/dental.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization).

§ 157.44. Therapeutic environment.

There shall be adequate space, facilities, and equipment to meet the needs of the patients for privacy and for group interaction.

Cross References

This section cited in 28 Pa. Code § 157.3 (relating to organization).

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