Subpart E. RESIDENTIAL AGENCIES/FACILITIES/SERVICES

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CHAPTER 6400. COMMUNITY HOMES FOR INDIVIDUALS WITH AN INTELLECTUAL DISABILITY

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Authority
The provisions of this Chapter 6400 issued under the Public Welfare Code (62 P.S. § 1021); amended under Article X of the Public Welfare Code (62 P.S. §§ 1001—1080), unless otherwise noted.

Source
The provisions of this Chapter 6400 amended through January 22, 1982, effective March 1, 1982, 12 Pa.B. 384, unless otherwise noted.

Cross References
This chapter cited in 55 Pa. Code § 51.14 (relating to residential habilitation service providers); 55 Pa. Code § 51.20 (relating to criminal history checks); 55 Pa. Code § 51.22 (relating to provisional hiring); 55 Pa. Code § 51.98 (relating to residential habilitation vacancy); 55 Pa. Code § 2380.2 (relating to applicability); 55 Pa. Code § 2380.182 (relating to development, annual update and revision of the ISP); 55 Pa. Code § 2390.152 (relating to development, annual update and revision of the ISP); 55 Pa. Code § 3800.3 (relating to exemptions); 55 Pa. Code § 3800.56 (relating to exceptions for staff qualifications); 55 Pa. Code § 4305.11 (relating to exempt services); 55 Pa. Code § 6000.351 (relating to licensing criteria); 55 Pa. Code § 6000.903 (relating to licensing applicability); 55 Pa. Code § 6000.1003 (relating to definitions); 55 Pa. Code § 6350.21 (relating to respite care); and 55 Pa. Code § 6500.3 (relating to applicability).

GENERAL PROVISIONS

§ 6400.1. Introduction.
This chapter is based on the principle of integration and the right of the individual with an intellectual disability to live a life that is as close as possible in all aspects to the life which any member of the community might choose. For the individual with an intellectual disability who requires a residential service, the design of the service shall be made with the individual’s unique needs in mind so that the service will facilitate the person’s ongoing growth and development.

Authority
The provisions of this § 6400.1 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

Source
§ 6400.2. Purpose.

The purpose of this chapter is to protect the health, safety and well-being of individuals with an intellectual disability, through the formulation, implementation and enforcement of minimum requirements for the operation of community homes for individuals with an intellectual disability.

Authority

The provisions of this § 6400.2 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

Source


§ 6400.3. Applicability.

(a) This chapter applies to community homes for individuals with an intellectual disability, except as provided in subsection (f).

(b) This chapter contains the minimum requirements that shall be met to obtain a certificate of compliance. A certificate of compliance shall be obtained prior to operation of a community home for individuals with an intellectual disability.

(c) This chapter applies to profit, nonprofit, publicly funded and privately funded homes.

(d) Each home serving nine or more individuals shall be inspected by the Department each year and shall have an individual certificate of compliance specific for each building.

(e) Each agency operating one or more homes serving eight or fewer individuals shall have at least a sample of its homes inspected by the Department each year. The certificate of compliance issued to an agency shall specify the location and maximum capacity of each home the agency is permitted to operate.

(f) This chapter does not apply to the following:

(1) Private homes of persons providing care to a relative with an intellectual disability.

(2) Residential facilities operated by the Department.

(3) Intermediate care facilities for individuals with an intellectual disability licensed by the Department in accordance with Chapter 6600 (relating to intermediate care facilities for individuals with an intellectual disability).

(4) Foster family care homes licensed by the Office of Children, Youth and Families of the Department that serve only foster care children.

(5) Summer camps.

(6) Facilities serving exclusively personal care home, drug and alcohol, mental health or domiciliary care residents.

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(7) Residential homes for three or fewer people with an intellectual disability who are 18 years of age or older and who need a yearly average of 30 hours or less direct staff contact per week per home.

(8) Child residential facilities which serve exclusively children, which are regulated under Chapter 3800 (relating to child residential and day treatment facilities).

(g) This chapter does not measure or assure compliance with other applicable Federal, State and local statutes, regulations, codes and ordinances. It is the responsibility of the home to comply with other applicable laws, regulations, codes and ordinances.

Authority

The provisions of this § 6400.3 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

Source


Cross References

This section cited in 55 Pa. Code § 6400.3a (relating to clarification of the applicability of this chapter to private homes—statement of policy); and 55 Pa. Code § 6400.4 (relating to definitions).

§ 6400.3a. Clarification of the applicability of this chapter to private homes—statement of policy.

(a) Except as specified in subsection (b), private homes under § 6400.3(f)(1) (relating to applicability) include homes owned or leased by individuals with intellectual disabilities or their families.

(b) Homes owned or leased by providers are not private homes and must be licensed under this chapter regardless if these homes are subsequently leased by the providers to individuals with intellectual disabilities or their families.

(c) Private homes under subsection (a) are not subject to licensure under this chapter.

Source

The provisions of this § 6400.3a adopted January 11, 2013, effective January 12, 2013, 43 Pa.B. 222.

§ 6400.4. Definitions.

The following words and terms, when used in this chapter, have the following meanings, unless the context clearly indicates otherwise:

Agency—A person or legally constituted organization operating one or more community homes for people with an intellectual disability serving eight or fewer individuals.
Community home for individuals with an intellectual disability (home)—A building or separate dwelling unit in which residential care is provided to one or more individuals with an intellectual disability, except as provided in § 6400.3(f) (relating to applicability). Each apartment unit within an apartment building is considered a separate home. Each part of a duplex, if there is physical separation between the living areas, is considered a separate home.

Content discrepancy—A difference between what was determined at the ISP meeting by the plan team and what is documented in the written ISP.

Department—The Department of Human Services of the Commonwealth.

Direct service worker—A person whose primary job function is to provide services to an individual who resides in the provider’s residential home.

Documentation—Written statements that accurately record details, substantiate a claim or provide evidence of an event.

Fire safety expert—A local fire department, fire protection engineer, State certified fire protection instructor, college instructor in fire science, county or State fire school, volunteer fire person trained by a county or State fire school or an insurance company loss control representative.

ISP—Individual Support Plan—The comprehensive document that identifies services and expected outcomes for an individual.

Individual—An individual with an intellectual disability who resides, or receives residential respite care, in a home and who is not a relative of the owner of the home.

Intellectual disability—Subaverage general intellectual functioning which originates during the developmental period and is associated with impairment of one or more of the following:

(i) Maturation.
(ii) Learning.
(iii) Social adjustment.

Outcomes—Goals the individual and individual’s plan team choose for the individual to acquire, maintain or improve.

Plan lead—The program specialist, when the individual is not receiving services through an SCO.

Plan team—The group that develops the ISP.

Provider—An entity or person that enters into an agreement with the Department to deliver a service to an individual.

Relative—A parent, child, stepparent, stepchild, grandparent, grandchild, brother, sister, half brother, half sister, aunt, uncle, niece or nephew.

SC—Supports coordinator—An SCO employee whose primary job functions are to locate, coordinate and monitor services provided to an individual when the individual is receiving services from an SCO.

SCO—Supports coordination organization—A provider that delivers the services of locating, coordinating and monitoring services provided to an individual.
Services—Actions or assistance provided to the individual to support the achievement of an outcome.

Authority
The provisions of this § 6400.4 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

Source

§ 6400.5. [Reserved].

Source

GENERAL REQUIREMENTS

§ 6400.11. Licensure or approval of facilities and agencies.
The requirements specified in Chapter 20 (relating to licensure or approval of facilities and agencies) shall be met.

Source

§ 6400.12. Appeals.
(a) Appeals related to the Department’s licensure shall be made in accordance with 2 Pa.C.S., §§ 501—508 and 701—704 (relating to the Administrative Agency Law) and 1 Pa. Code Part II (relating to General Rules of Administrative Practice and Procedure).
(b) Appeals related to the Department’s licensure shall be made by filing a petition within 30 days after service of notice of the action.
(c) Subsection (b) supersedes the appeal period of 1 Pa. Code § 35.20 (relating to appeals from actions of the staff).

Source

The maximum capacity specified on the certificate of compliance may not be exceeded.

(a) If the home is located outside Philadelphia, Scranton or Pittsburgh and serves four or more individuals or if the home is located in a multiple family dwelling, the home shall have a valid fire safety occupancy permit listing the appropriate type of occupancy from the Department of Labor and Industry or the Department of Health. If the home is located in Philadelphia, Scranton or Pittsburgh, the home shall have a valid fire safety occupancy permit from the Department of Health or the Department of Public Safety of the city of Pittsburgh, the Department of Licensing and Inspection of the city of Philadelphia or the Department of Community Development of the city of Scranton, if required by State law or regulation or local codes.

(b) If the fire safety occupancy permit is withdrawn, restricted or revised, the home shall notify the Department orally within 1 working day and in writing within 2 working days.

(c) If a building is structurally renovated or altered after the initial fire safety occupancy permit is issued, the home shall have a new occupancy permit or written approval if required from the Department of Labor and Industry, the Department of Health, the Department of Public Safety of the city of Pittsburgh, the Department of Licensing and Inspection of the city of Philadelphia or the Department of Community Development of the city of Scranton.

Source

Cross References
This section cited in 55 Pa. Code § 6000.303 (relating to no license factors); and 55 Pa. Code § 6000.304 (relating to provisional license factors).

§ 6400.15. Self-assessment of homes.

(a) The agency shall complete a self-assessment of each home the agency operates serving eight or fewer individuals, within 3 to 6 months prior to the expiration date of the agency’s certificate of compliance, to measure and record compliance with this chapter.

(b) The agency shall use the Department’s licensing inspection instrument for the community homes for individuals with an intellectual disability regulations to measure and record compliance.

(c) A copy of the agency’s self-assessment results and a written summary of corrections made shall be kept by the agency for at least 1 year.

Source
§ 6400.16. Abuse.

Abuse of an individual is prohibited. Abuse is an act or omission of an act that willfully deprives an individual of rights or human dignity or which may cause or causes actual physical injury or emotional harm to an individual, such as striking or kicking an individual; neglect; rape; sexual molestation, sexual exploitation or sexual harassment of an individual; sexual contact between a staff person and an individual; restraining an individual without following the requirements in this chapter; financial exploitation of an individual; humiliating an individual; or withholding regularly scheduled meals.

Source


Cross References

This section cited in 55 Pa. Code § 6000.403 (relating to nonapplicability).


The home shall immediately report abuse or suspected abuse of an individual 17 years of age or younger to ChildLine (800) 932-0313.

Source


§ 6400.18. Reporting of unusual incidents.

(a) An unusual incident is abuse or suspected abuse of an individual; injury, trauma or illness of an individual requiring inpatient hospitalization; suicide attempt by an individual; violation or alleged violation of an individual’s rights; an individual who is missing for more than 24 hours or who could be in jeopardy if missing at all; alleged misuse or misuse of individual funds or property; outbreak of a serious communicable disease as defined in 28 Pa. Code § 27.2 (relat-
(b) Written policies and procedures on the prevention, reporting, investigation and management of unusual incidents shall be developed and kept at the home.

(c) The home shall orally notify the county intellectual disability program of the county in which the home is located, the funding agency and the appropriate regional office of the Department, within 24 hours after abuse or suspected abuse of an individual or an incident requiring the services of a fire department or law enforcement agency occurs.

(d) The home shall initiate an investigation of the unusual incident and complete and send copies of an unusual incident report on a form specified by the Department to the county intellectual disability program of the county in which the home is located, the funding agency and the appropriate regional office of the Department, within 72 hours after an unusual incident occurs.

(e) The home shall send a copy of the final unusual incident report to the county intellectual disability program of the county in which the home is located, the funding agency and the appropriate regional office of the Department at the conclusion of the investigation.

(f) A copy of unusual incident reports relating to an individual shall be kept in the individual’s record.

(g) A copy of unusual incident reports relating to the home itself, such as those requiring the services of a fire department, shall be kept.

(h) The individual’s family or guardian shall be immediately notified in the event of an unusual incident relating to the individual, if appropriate.

Authority
The provisions of this § 6400.18 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

Source

Cross References
This section cited in 55 Pa. Code § 6000.303 (relating to no license factors); 55 Pa. Code § 6400.273 (relating to exceptions); and 55 Pa Code § 6000.903 (relating to licensing applicability).

§ 6400.19. Reporting of deaths.
(a) The home shall complete and send copies of a death report on a form specified by the Department to the county intellectual disability program of the

(a) The home shall promptly notify the county in which the home is located, the funding agency and the regional office of the Department, within 24 hours after a death of an individual occurs.

(b) The home shall investigate and orally notify the county intellectual disability program of the county in which the home is located, the funding agency and the appropriate regional office of the Department within 24 hours after an unusual or unexpected death occurs.

(c) A copy of death reports shall be kept in the individual’s record.

(d) The individual’s family or guardian shall be immediately notified in the event of a death of an individual.

Authority

The provisions of this § 6400.19 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

Source


§ 6400.20. Record of incidents.

The home shall maintain a record of individual illnesses, seizures, acute emotional traumas and accidents requiring medical attention but not inpatient hospitalization, that occur at the home.

Source


§ 6400.21. Criminal history record check.

(a) An application for a Pennsylvania criminal history record check shall be submitted to the State Police for prospective employes of the home who will have direct contact with individuals, including part-time and temporary staff persons who will have direct contact with individuals, within 5 working days after the person’s date of hire.

(b) If a prospective employe who will have direct contact with individuals resides outside this Commonwealth, an application for a Federal Bureau of Investigation (FBI) criminal history record check shall be submitted to the FBI in addition to the Pennsylvania criminal history record check, within 5 working days after the person’s date of hire.

(c) The Pennsylvania and FBI criminal history record checks shall have been completed no more than 1 year prior to the person’s date of hire.
§ 6400.21. Final reports.

(a) A copy of the final reports received from the State Police and the FBI, if applicable, shall be kept.

(e) If the home serves primarily individuals who are 17 years of age or younger, 23 Pa.C.S. §§ 6301—6384 (relating to the Child Protective Services Law) applies.

Source


§ 6400.22. Individual funds and property.

(a) There shall be a written policy that establishes procedures for the protection and adequate accounting of individual funds and property and for counseling the individual concerning the use of funds and property.

(b) The home’s policy may not prohibit the individual’s right to manage the individual’s own finances.

(c) Individual funds and property shall be used for the individual’s benefit.

(d) The home shall keep an up-to-date financial and property record for each individual that includes the following:

(1) Personal possessions and funds received by or deposited with the home.

(2) Disbursements made to or for the individual.

(e) If the home assumes the responsibility of maintaining an individual’s financial resources, the following shall be maintained for each individual:

(1) A separate record of financial resources, including the dates and amounts of deposits and withdrawals.

(2) For a withdrawal when the individual is given the money directly, the record shall indicate that funds were given directly to the individual.

(3) Documentation, by actual receipt or expense record, of each single purchase exceeding $15 made on behalf of the individual carried out by or in conjunction with a staff person.

(f) There may be no commingling of the individual’s personal funds with the home or staff person’s funds.

(g) There may be no borrowing of the individual’s personal funds by staff persons or by the home.

Source


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§ 6400.23. Grievance procedures.

The home shall have written grievance procedures for individuals, individual’s families, advocates and staff persons, that assure investigation and resolution of complaints.

Source


INDIVIDUAL RIGHTS

§ 6400.31. Informing and encouraging exercise of rights.

(a) Each individual, or the individual’s parent, guardian or advocate, if appropriate, shall be informed of the individual’s rights upon admission and annually thereafter.

(b) Statements signed and dated by the individual, or the individual’s parent, guardian or advocate, if appropriate, acknowledging receipt of the information on rights upon admission and annually thereafter, shall be kept.

(c) Each individual shall be encouraged to exercise his rights.

Source


§ 6400.32. Rights.

An individual may not be deprived of rights.

Source


§ 6400.33. Rights of the individual.

(a) An individual may not be neglected, abused, mistreated or subjected to corporal punishment.

(b) An individual may not be required to participate in research projects.

(c) An individual has the right to manage personal financial affairs.

(d) An individual has the right to participate in program planning that affects the individual.

(e) An individual has the right to privacy in bedrooms, bathrooms and during personal care.

(f) An individual has the right to receive, purchase, have and use personal property.

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(g) An individual has the right to receive scheduled and unscheduled visitors, communicate, associate and meet privately with family and persons of the individual’s own choice.

(h) An individual has the right to reasonable access to a telephone and the opportunity to receive and make private calls, with assistance when necessary.

(i) An individual has the right to unrestricted mailing privileges.

(j) An individual who is of voting age shall be informed of the right to vote and shall be assisted to register and vote in elections.

(k) An individual has the right to practice the religion or faith of the individual’s choice.

(l) An individual has the right to be free from excessive medication.

(m) An individual may not be required to work at the home, except for the upkeep of the individual’s personal living areas and the upkeep of common living areas and grounds.

Source

§ 6400.34. Civil rights.

(a) An individual may not be discriminated against because of race, color, religious creed, disability, handicap, ancestry, national origin, age or sex.

(b) The home shall develop and implement civil rights policies and procedures. Civil rights policies and procedures shall include the following:

   (1) Nondiscrimination in the provision of services, admissions, placement, use of the home, referrals and communication with non-English speaking and nonverbal individuals.

   (2) Physical accessibility and accommodations for individuals with physical disabilities.

   (3) The opportunity to lodge civil rights complaints.

   (4) Informing individuals of their right to register civil rights complaints.

Source

STAFFING

§ 6400.41. Effective date of staff qualifications.

(a) Sections 6400.43(c) and 6400.44(c) (relating to chief executive officer; and program specialist) apply to chief executive officers and program specialists hired or promoted after November 8, 1991.

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(b) Sections 6400.43(c) and 6400.44(c) as published as Chapter 9054 at 12 Pa.B. 384 (January 23, 1982) and which appeared in this title of the Pennsylvania Code at serial pages (133677) to (133678) apply to chief executive officers and program specialists hired or promoted prior to November 8, 1991.

Source


§ 6400.42. Minimum age.

A staff person counted in the staff-individual ratio shall be 18 years of age or older.

Source


§ 6400.43. Chief executive officer.

(a) There shall be one chief executive officer responsible for the home or agency.

(b) The chief executive officer shall be responsible for the administration and general management of the home, including the following:

(1) Implementation of policies and procedures.
(2) Admission and discharge of individuals.
(3) Safety and protection of individuals.
(4) Compliance with this chapter.

(c) A chief executive officer shall have one of the following groups of qualifications:

(1) A master’s degree or above from an accredited college or university and 2 years work experience in administration or the human services field.
(2) A bachelor’s degree from an accredited college or university and 4 years work experience in administration or the human services field.

Source


Notes of Decisions

Qualifications

The Department of Public Welfare did not abuse its discretion in adopting a hearing examiner’s recommendation to deny a residential health care facility for children with pulmonary impairments’ request for a waiver of the requirement that chief executive officer have a college degree so that its founder and administrator could become chief executive officer even though she did not hold a college degree, where the Department chose not to compromise its clearly-written and reasonable requirement that the chief executive officer have a college degree, and where it is imperative that
health care facilities maintain high standards in order to give the best care to their patients, especially when the patients are medically fragile children. Second Breath v. Department of Public Welfare, 731 A.2d 674 (Pa. Cmwlth. 1999).

Cross References
This section cited in 55 Pa. Code § 6000.1003 (relating to definitions); 55 Pa. Code § 6400.41 (relating to effective date of staff qualifications); and 55 Pa. Code § 6500.41 (relating to effective date of staff qualifications).

§ 6400.44. Program specialist.
(a) A minimum of one program specialist shall be assigned for every 30 individuals. A program specialist shall be responsible for a maximum of 30 people, including people served in other types of services.
(b) The program specialist shall be responsible for the following:
   (1) Coordinating and completing assessments.
   (2) Providing the assessment as required under § 6400.181(f) (relating to assessment).
   (3) Participating in the development of the ISP, ISP annual update and ISP revision.
   (4) Attending the ISP meetings.
   (5) Fulfilling the role of plan lead, as applicable, under §§ 6400.182 and 6400.186(f) and (g) (relating to development, annual update and revision of the ISP; and ISP review and revision).
   (6) Reviewing the ISP, annual updates and revisions under § 6400.186 for content accuracy.
   (7) Reporting content discrepancy to the SC, as applicable, and plan team members.
   (8) Implementing the ISP as written.
   (9) Supervising, monitoring and evaluating services provided to the individual.
   (10) Reviewing, signing and dating the monthly documentation of an individual’s participation and progress toward outcomes.
   (11) Reporting a change related to the individual’s needs to the SC, as applicable, and plan team members.
   (12) Reviewing the ISP with the individual as required under § 6400.186.
   (13) Documenting the review of the ISP as required under § 6400.186.
   (14) Providing the documentation of the ISP review to the SC, as applicable, and plan team members as required under § 6400.186(d).
   (15) Informing plan team members of the option to decline the ISP review documentation as required under § 6400.186(e).
   (16) Recommending a revision to a service or outcome in the ISP as provided under § 6400.186(c)(4).
   (17) Coordinating the services provided to an individual.
   (18) Coordinating the training of direct service workers in the content of health and safety needs relevant to each individual.
   (19) Developing and implementing provider services as required under § 6400.188 (relating to provider services).
(c) A program specialist shall have one of the following groups of qualifications:
   (1) A master’s degree or above from an accredited college or university and 1 year work experience working directly with individuals with an intellectual disability.
   (2) A bachelor’s degree from an accredited college or university and 2 years work experience working directly with individuals with an intellectual disability.
   (3) An associate’s degree or 60 credit hours from an accredited college or university and 4 years work experience working directly with individuals with an intellectual disability.

Authority
The provisions of this § 6400.44 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

Source

Cross References
This section cited in 55 Pa. Code § 6400.41 (relating to effective date of staff qualifications); and 55 Pa. Code § 6500.41 (relating to effective date of staff qualifications).

§ 6400.45. Staffing.
(a) A minimum of one staff person for every eight individuals shall be awake and physically present at the home when individuals are awake at the home.
(b) A minimum of one staff person for every 16 individuals shall be physically present at the home when individuals are sleeping at the home.
(c) An individual may be left unsupervised for specified periods of time if the absence of direct supervision is consistent with the individual’s assessment and is part of the individual’s ISP, as an outcome which requires the achievement of a higher level of independence.
(d) The staff qualifications and staff ratio as specified in the ISP shall be implemented as written, including when the staff ratio is greater than required under subsections (a), (b) and (c).
(e) An individual may not be left unsupervised solely for the convenience of the residential home or the direct service worker.

Authority
The provisions of this § 6400.45 amended under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source
§ 6400.46. Staff training.

(a) The home shall provide orientation for staff persons relevant to their responsibilities, the daily operation of the home and procedures of the home before working with individuals or in their appointed positions.

(b) The home shall have a training syllabus describing the orientation specified in subsection (a).

(c) The chief executive officer shall have at least 24 hours of training relevant to human services or administration annually.

(d) Program specialists and direct service workers who are employed for more than 40 hours per month shall have at least 24 hours of training relevant to human services annually.

(e) Program specialists and direct service workers shall have training in the areas of intellectual disability, the principles of integration, rights and program planning and implementation, within 30 calendar days after the day of initial employment or within 12 months prior to initial employment.

(f) Program specialists and direct service workers shall be trained before working with individuals in general fire safety, evacuation procedures, responsibilities during fire drills, the designated meeting place outside the building or within the fire safe area in the event of an actual fire, smoking safety procedures if individuals or staff persons smoke at the home, the use of fire extinguishers, smoke detectors and fire alarms, and notification of the local fire department as soon as possible after a fire is discovered.

(g) Program specialists and direct service workers shall be trained annually by a fire safety expert in the training areas specified in subsection (f).

(h) Program specialists and direct service workers and at least one person in a vehicle while individuals are being transported by the home, shall be trained before working with individuals in first aid techniques.

(i) Program specialists, direct service workers and drivers of and aides in vehicles shall be trained within 6 months after the day of initial employment and annually thereafter, by an individual certified as a trainer by a hospital or other recognized health care organization, in first aid, Heimlich techniques and cardiopulmonary resuscitation.

(j) Records of orientation and training, including the training source, content, dates, length of training, copies of certificates received and staff persons attending, shall be kept.

Authority

The provisions of this § 6400.46 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).
PHYSICAL SITE

§ 6400.61. Special accommodations.
(a) A home serving individuals with a physical disability, blindness, a visual impairment, deafness or a hearing impairment shall have accommodations to ensure the safety and reasonable accessibility for entrance to, movement within and exit from the home based upon each individual’s needs.
(b) A home serving individuals with a physical disability, blindness, a visual impairment, deafness or a hearing impairment shall have adaptive equipment necessary for the individuals to move about and function at the home.
§ 6400.62. Poisons.
(a) Poisonous materials shall be kept locked or made inaccessible to individuals.
(b) Poisonous materials may be kept unlocked if all individuals living in the home are able to safely use or avoid poisonous materials. Documentation of each individual’s ability to safely use or avoid poisonous materials shall be in each individual’s assessment.
(c) Poisonous materials shall be stored in their original, labeled containers.
(d) Poisonous materials shall be kept separate from food, food preparation surfaces and dining surfaces.

Source

Cross References
This section cited in 55 Pa. Code § 6400.273 (relating to exceptions).

§ 6400.63. Heat sources.
(a) Heat sources, such as hot water pipes, fixed space heaters, hot water heaters, radiators, wood and coal-burning stoves and fireplaces, exceeding 120°F that are accessible to individuals, shall be equipped with protective guards or insulation to prevent individuals from coming in contact with the heat source.
(b) Heat sources do not require guards or insulation if all individuals living in the home understand the danger of heat sources and have the ability to sense and move away from the heat source quickly. Documentation of each individual’s understanding and ability shall be in each individual’s assessment.

Source

Cross References
This section cited in 55 Pa. Code § 6400.273 (relating to exceptions).

§ 6400.64. Sanitation.
(a) Clean and sanitary conditions shall be maintained in the home.
(b) There may not be evidence of infestation of insects or rodents in the home.
(c) Trash shall be removed from the premises at least once per week.
(d) Trash in the bathroom, dining and kitchen areas shall be kept in cleanable receptacles that prevent the penetration of insects and rodents.

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(e) Trash receptacles over 18 inches high shall have lids.
(f) Trash outside the home shall be kept in closed receptacles that prevent the penetration of insects and rodents.

Source

§ 6400.65. Ventilation.
Living areas, recreation areas, dining areas, individual bedrooms, kitchens and bathrooms shall be ventilated by at least one operable window or by mechanical ventilation.

Source

§ 6400.66. Lighting.
Rooms, hallways, interior stairways, outside steps, outside doorways, porches, ramps and fire escapes shall be lighted to assure safety and to avoid accidents.

Source

§ 6400.67. Surfaces.
(a) Floors, walls, ceilings and other surfaces shall be in good repair.
(b) Floors, walls, ceilings and other surfaces shall be free of hazards.
(c) If the home serves an individual 4 years of age or younger or an individual who ingests paint or paint substances, the home shall test all layers of paint at the home for lead content. If the testing shows lead content exceeding .06%, paint shall be completely stripped and recovered with lead free paint or securely encased with other lead free material. Documentation of the lead paint testing and results shall be kept.

Source
§ 6400.68. Running water.

(a) A home shall have hot and cold running water under pressure.
(b) Hot water temperatures in bathtubs and showers may not exceed 120°F.
(c) A home that is not connected to a public water system shall have a coliform water test by a Department of Environmental Resources’ certified laboratory stating that the water is safe for drinking purposes at least every 3 months. Written certification of the water test shall be kept.

Source

Cross References
This section cited in 55 Pa. Code § 6400.273 (relating to exceptions).

§ 6400.69. Indoor temperature.

(a) The indoor temperature may not be less than 65°F during nonsleeping hours while individuals are present in the home.
(b) The indoor temperature may not be less than 58°F during sleeping hours.
(c) When the indoor temperature exceeds 85°F, mechanical ventilation, such as fans shall be used.

Source

§ 6400.70. Telephone.

A home shall have an operable, noncoin-operated telephone with an outside line that is easily accessible to individuals and staff persons.

Source

§ 6400.71. Emergency telephone numbers.

Telephone numbers of the nearest hospital, police department, fire department, ambulance and poison control center shall be on or by each telephone in the home with an outside line.
§ 6400.72. Screens, windows and doors.
   (a) Windows, including windows in doors, shall be securely screened when windows or doors are open.
   (b) Screens, windows and doors shall be in good repair.
   (c) Outside doors shall have operable locks.

§ 6400.73. Handrails and railings.
   (a) Each ramp, and interior stairway and outside steps exceeding two steps shall have a well-secured handrail.
   (b) Each porch that has over an 18-inch drop shall have a well-secured railing.

§ 6400.74. Nonskid surfaces.
   Interior stairs and outside steps shall have a nonskid surface.

§ 6400.75. Landings.
   (a) A landing shall be provided beyond each interior and exterior door that opens directly into a stairway.
   (b) A landing shall be at least as wide as the stairs leading to the landing.
§ 6400.76. Furniture and equipment.  
   (a) Furniture and equipment shall be nonhazardous, clean and sturdy.  
   (b) Furniture and equipment shall be appropriate for the age and size of the individuals.  
   (c) Furniture shall be comfortable and home-like.  
   (d) In homes serving eight or fewer individuals, there shall be a sufficient amount of living and family room furniture to seat all individuals at the same time.  
   (e) In homes serving eight or fewer individuals, there shall be dining tables with seating for all individuals at the same time.

Source

Cross References
This section cited in 55 Pa. Code § 6000.331 (relating to repeated noncompliance areas).

§ 6400.77. First aid kit.  
   (a) A home shall have a first aid kit.  
   (b) A first aid kit shall contain antiseptic, an assortment of adhesive bandages, sterile gauze pads, a thermometer, tweezers, tape, scissors and syrup of Ipecac, if an individual 4 years of age or younger, or an individual likely to ingest poisons, is served.  
   (c) A first aid manual shall be kept with the first aid kit.

Source

§ 6400.78. Indoor living space.  
   (a) A home shall have living and dining areas that are separate from bedrooms.  
   (b) A home shall have at least 30 square feet per individual and at least 90 square feet per home of common use indoor living space measured wall to wall, excluding bedrooms, hallways, kitchens, lavatories and offices. This requirement does not apply to homes licensed in accordance with this chapter prior to November 8, 1991.

Source
§ 6400.79. Elevators.

If an elevator is present in the home, there shall be a valid certificate of operation from the Department of Labor and Industry.

Source


§ 6400.80. Exterior conditions.

(a) Outside walkways shall be free from ice, snow, obstructions and other hazards.

(b) The outside of the building and the yard or grounds shall be well maintained, in good repair and free from unsafe conditions.

Source


§ 6400.81. Individual bedrooms.

(a) An individual’s bedroom may not be located in basements. Any level from which there is a standard door leading from that level directly outside to grade level is not considered a basement.

(b) Apartment units that are located partially below ground level with windows that are at least as large as other windows in the building are permitted.

(c) An individual sharing a bedroom shall have a minimum of 60 square feet of bedroom space, measured wall to wall, including space occupied by furniture. Each individual occupying a single bedroom shall have a minimum of 80 square feet of bedroom space, measured wall to wall, including space occupied by furniture.

(d) An individual who uses a wheelchair shall have a minimum of 100 square feet of bedroom space unless there is written documentation by a licensed physical or occupational therapist that the individual has the ability to move about the bedroom within 80 square feet for single bedrooms or 60 square feet for shared bedrooms. This subsection does not apply to bedrooms occupied by an individual who uses a wheelchair in homes licensed in accordance with this chapter prior to November 8, 1991.
(e) No more than two individuals may sleep in one bedroom. This subsection does not apply to bedrooms occupied by more than two individuals in homes licensed in accordance with this chapter prior to November 8, 1991.

(f) Each bedroom shall have direct access to a corridor, living area, dining area or outdoors.

(g) A bedroom may not be used by other individuals or staff persons as a regular or frequent passageway to another part of the home or to the outdoors.

(h) Each bedroom shall have at least one exterior window that permits a view of the outside.

(i) Bedroom windows shall have drapes, curtains, shades, blinds or shutters.

(j) A bedroom shall have doors at all entrances for privacy.

(k) In bedrooms, each individual shall have the following:
   (1) A bed of size appropriate to the needs of the individual. Cots and portable beds are not permitted. Bunk beds are not permitted for individuals 18 years of age or older.
   (2) A clean, comfortable mattress and solid foundation.
   (3) Bedding, including pillow, linens and blankets appropriate for the season.
   (4) A chest of drawers.
   (5) Closet or wardrobe space with clothing racks and shelves accessible to the individual.
   (6) A mirror.

(l) Beds and cribs, with solid sides over 12 inches high or with closed domes or tops, are not permitted.

(m) An individual 10 years of age or older may not be required to share a bedroom with a person of the opposite sex.

Source


Cross References

This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).

§ 6400.82. Bathrooms.

(a) There shall be at least one toilet for every four individuals for homes opened on or after March 15, 1982. There shall be at least one toilet for every six individuals for homes opened on or before March 14, 1982.

(b) There shall be at least one bathtub or shower for every four individuals for homes opened on or after March 15, 1982. There shall be at least one bathtub or shower for every six individuals for homes opened on or before March 14, 1982.

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(c) For homes serving one or more individuals who have physical disabilities, at least one sink, one toilet and one tub or shower shall be adapted so that individuals who have physical disabilities have easy access and use.

(d) Privacy shall be provided for toilets, showers and bathtubs by partitions or doors. Curtains are acceptable dividers if the bathroom is used only by one sex or only by individuals 9 years of age or younger.

(e) Bathtubs and showers shall have a nonslip surface or mat.

(f) Each bathroom and toilet area that is used shall have a sink, wall mirror, soap, toilet paper, individual clean paper or cloth towels and trash receptacle.

(g) An individual washcloth, bath towel and toothbrush shall be provided for each individual.

Source


§ 6400.83. Kitchens.

(a) A home shall have a kitchen area with a refrigerator, sink, cooking equipment and cabinets for storage.

(b) Special provisions shall be made and adaptive equipment shall be provided, when necessary, to assist individuals in eating at the table.

(c) Utensils used for eating, drinking and preparation of food or drink shall be washed and rinsed after each use.

Source

The provisions of this § 6400.83 amended through January 22, 1982, effective March 1, 1982, 12 Pa.B. 384; amended April 25, 1986, effective July 1, 1987, as the provisions apply to community residential facilities that were licensed as semi-independent living under this chapter prior to April 26, 1986, 16 Pa.B. 1487; amended August 9, 1991, effective November 8, 1991, 21 Pa.B. 3595. Immediately preceding text appears at serial pages (133683) to (133684).

§ 6400.84. Laundry.

(a) Bed linens, towels, washcloths and individual clothing shall be laundered at least weekly.

(b) Clean laundry shall be stored in an area separate from soiled laundry.

Source


§ 6400.85. Swimming pools.

(a) An in-ground swimming pool shall be fenced with a gate that is locked when the pool is not in use.
(b) An aboveground swimming pool that is under 4 feet in height shall be made inaccessible to individuals when the pool is not in use.

Source
The provisions of this § 6400.85 amended through January 22, 1982, effective March 1, 1982, 12 Pa.B. 384; amended April 25, 1986, effective April 26, 1986, with the exceptions of a family living facility approved by the Department as a family living facility prior to July 6, 1985 is exempt from the provisions of § 6400.85(b) and (c), 16 Pa.B. 1487. Immediately preceding text appears at serial pages (133684) to (133685).

Cross References
This section cited in 55 Pa. Code § 6000.342 (relating to indoor floor space).

§ 6400.86. Firearms.
Firearms and ammunition are not permitted in the home or on the property of the home.

Source

§ 6400.87. [Reserved].

Source

FIRE SAFETY

§ 6400.101. Unobstructed egress.
Stairways, halls, doorways, passageways and exits from rooms and from the building shall be unobstructed.

Source

§ 6400.102. Exits.
If four or more individuals sleep above the ground floor, there shall be a minimum of two interior or exterior exits from each floor. If a fire escape is used as an exit it shall be permanently installed.

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(381955) No. 502 Sep. 16
§ 6400.103. Evacuation procedures.

There shall be written emergency evacuation procedures that include individual and staff responsibilities, means of transportation and an emergency shelter location.

Source

Cross References
This section cited in 55 Pa. Code § 6000.304 (relating to provisional license factors); and 55 Pa. Code § 6400.236 (relating to evacuation procedures).

§ 6400.104. Notification to local fire department.

The home shall notify the local fire department in writing of the address of the home and the exact location of the bedrooms of individuals who need assistance evacuating in the event of an actual fire. The notification shall be kept current.

Source

§ 6400.105. Flammable and combustible materials.

Flammable and combustible supplies and equipment shall be utilized safely and stored away from heat sources.

Source

Cross References
This section cited in 55 Pa. Code § 6000.304 (relating to provisional license factors).

§ 6400.106. Furnaces.

Furnaces shall be inspected and cleaned at least annually by a professional furnace cleaning company. Written documentation of the inspection and cleaning shall be kept.
§ 6400.107. Portable space heaters.

Portable space heaters, defined as heaters that are not permanently mounted or installed, are not permitted in any room including staff rooms.

Source

§ 6400.108. Wood and coal burning stoves.

(a) The use of wood and coal burning stoves is permitted only if the stove is inspected and approved for safe installation by a fire safety expert. Written documentation of the inspection and approval shall be kept.

(b) Wood and coal burning stoves, including chimneys and flues, shall be cleaned at least every year if used more frequently than once per week during the winter season. Written documentation of the cleaning shall be kept.

Source

§ 6400.109. Fireplaces.

(a) A fireplace shall be securely screened or equipped with protective guards while in use.

(b) A fireplace chimney and flue shall be cleaned at least once a year if used more frequently than once per week during the winter season. Written documentation of the cleaning shall be kept.

Source

§ 6400.110. Smoke detectors and fire alarms.

(a) A home shall have a minimum of one operable automatic smoke detector on each floor, including the basement and attic.

(b) There shall be an operable automatic smoke detector located within 15 feet of each individual and staff bedroom door.

(c) The smoke detectors specified in subsections (a) and (b) shall be located in common areas or hallways.
(d) Smoke detectors and fire alarms shall be of a type approved by the Department of Labor and Industry or listed by Underwriters Laboratories.

(e) If the home serves four or more individuals or if the home has three or more stories including the basement and attic, there shall be at least one smoke detector on each floor interconnected and audible throughout the home or an automatic fire alarm system that is audible throughout the home. The requirement for homes with three or more stories does not apply to homes licensed in accordance with this chapter prior to November 8, 1991.

(f) If one or more individuals or staff persons are not able to hear the smoke detector or fire alarm system, all smoke detectors and fire alarms shall be equipped so that each person with a hearing impairment will be alerted in the event of a fire.

(g) If a smoke detector or fire alarm is inoperative, notification for repair shall be made within 24 hours and repairs completed within 48 hours of the time the detector or alarm was found to be inoperative.

(h) There shall be a written procedure for fire safety monitoring in the event the smoke detector or fire alarm is inoperative.

Source


§ 6400.111. Fire extinguishers.

(a) There shall be at least one operable fire extinguisher with a minimum 2-A rating for each floor, including the basement and attic.

(b) If the indoor floor area on a floor including the basement or attic is more than 3,000 square feet, there shall be an additional fire extinguisher with a minimum 2-A rating for each additional 3,000 square feet of indoor floor space.

(c) A fire extinguisher with a minimum 2A-10BC rating shall be located in each kitchen. The kitchen extinguisher meets the requirements for one floor as required in subsection (a).

(d) A fire extinguisher shall be listed by Underwriters Laboratories or approved by Factory Mutual Systems.

(e) A fire extinguisher shall be accessible to staff persons and individuals.

(f) A fire extinguisher shall be inspected and approved annually by a fire safety expert. The date of the inspection shall be on the extinguisher.

Source


§ 6400.112. Fire drills.

(a) An unannounced fire drill shall be held at least once a month.
(b) Fire drills shall be held during normal staffing conditions and not when additional staff persons are present.

(c) A written fire drill record shall be kept of the date, time, the amount of time it took for evacuation, the exit route used, problems encountered and whether the fire alarm or smoke detector was operative.

(d) Individuals shall be able to evacuate the entire building, or to a fire safe area designated in writing within the past year by a fire safety expert, within 2 1/2 minutes or within the period of time specified in writing within the past year by a fire safety expert. The fire safety expert may not be an employe of the home or agency. Staff assistance shall be provided to an individual only if staff persons are always present at the home while the individual is at the home.

(e) A fire drill shall be held during sleeping hours at least every 6 months.

(f) Alternate exit routes shall be used during fire drills.

(g) Fire drills shall be held on different days of the week and at different times of the day and night.

(h) Individuals shall evacuate to a designated meeting place outside the building or within the fire safe area during each fire drill.

(i) A fire alarm or smoke detector shall be set off during each fire drill.

Source

§ 6400.113. Fire safety training for individuals.

(a) An individual, including an individual 17 years of age or younger, shall be instructed in the individual’s primary language or mode of communication, upon initial admission and reinstructed annually in general fire safety, evacuation procedures, responsibilities during fire drills, the designated meeting place outside the building or within the fire safe area in the event of an actual fire and smoking safety procedures if individuals smoke at the home.

(b) If an individual is medically or functionally unable to participate in the fire safety training, documentation shall be kept specifying why the individual could not participate.

(c) A written record of fire safety training, including the content of the training and a list of the individuals attending, shall be kept.

Source

§ 6400.114. Smoking safety procedures.

(a) If an individual or staff person smokes at the home, there shall be written smoking safety procedures.

(b) Written smoking safety procedures shall be followed.

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(381959) No. 502 Sep. 16
§ 6400.121. [Reserved].

Authority
The provisions of this § 6400.121 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source

Cross References
This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).

§ 6400.122. [Reserved].

Authority
The provisions of this § 6400.122 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source

Cross References
This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).

§ 6400.123. [Reserved].

Authority
The provisions of this § 6400.123 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).
Source

Cross References
This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).

§ 6400.124. [Reserved].

Authority
The provisions of this § 6400.124 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source

Cross References
This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).

§ 6400.125. [Reserved].

Authority
The provisions of this § 6400.125 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source

Cross References
This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).

§§ 6400.126 and 6400.127. [Reserved].

Authority
The provisions of these §§ 6400.126 and 6400.127 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).
§ 6400.128. [Reserved].

Authority

The provisions of this § 6400.128 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


§ 6400.129. [Reserved].

Authority

The provisions of this § 6400.129 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


§ 6400.130. [Reserved].

Authority

The provisions of this § 6400.130 reserved under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


§ 6400.131. [Reserved].

Source

§ 6400.132. [Reserved].

Source

§ 6400.133. [Reserved].

Source

Cross References
This section cited in 55 Pa. Code § 6000.304 (relating to provisional license factors).

§ 6400.134. [Reserved].

Source

§ 6400.135. [Reserved].

Source

§ 6400.136. [Reserved].

Source

Cross References
This section cited in 55 Pa. Code § 6000.304 (relating to provisional license factors).

§ 6400.137. [Reserved].

Source
§ 6400.141. Individual physical examination.

(a) An individual shall have a physical examination within 12 months prior to admission and annually thereafter.

(b) The physical examination shall be completed, signed and dated by a licensed physician, certified nurse practitioner or licensed physician’s assistant.

(c) The physical examination shall include:

(1) A review of previous medical history.

(2) A general physical examination.

(3) Immunizations for individuals 18 years of age or older as recommended by the United States Public Health Service, Centers for Disease Control, Atlanta, Georgia 30333.

(4) Vision and hearing screening for individuals 18 years of age or older, as recommended by the physician.

(5) Immunizations and screening tests for individuals 17 years of age or younger, as recommended by the Standards of Child Health Care of the American Academy of Pediatrics, Post Office Box 1034, Evanston, Illinois 60204.

(6) Tuberculin skin testing by Mantoux method with negative results every 2 years for individuals 1 year of age or older; or, if tuberculin skin test is positive, an initial chest x-ray with results noted.

(7) A gynecological examination including a breast examination and a Pap test for women 18 years of age or older, unless there is documentation from a licensed physician recommending no or less frequent gynecological examinations.

(8) A mammogram for women at least every 2 years for women 40 through 49 years of age and at least every year for women 50 years of age or older.

(9) A prostate examination for men 40 years of age or older.

(10) Specific precautions that must be taken if the individual has a communicable disease, to prevent spread of the disease to other individuals.

(11) An assessment of the individual’s health maintenance needs, medication regimen and the need for blood work at recommended intervals.

(12) Physical limitations of the individual.

(13) Allergies or contraindicated medications.

(14) Medical information pertinent to diagnosis and treatment in case of an emergency.

(15) Special instructions for the individual’s diet.

(d) Immunizations, vision and hearing screening and tuberculin skin testing may be completed, signed and dated by a registered nurse or licensed practical nurse instead of a licensed physician, certified nurse practitioner or licensed physician’s assistant.
§ 6400.142. Dental care.

(a) An individual 17 years of age or younger shall have a dental examination performed by a licensed dentist semiannually. An individual 18 years of age or older shall have a dental examination performed by a licensed dentist annually.

(b) An individual who is using medication known to cause dental problems shall have a dental examination by a licensed dentist at intervals recommended in writing by the dentist.

(c) A written record of the dental examination, including the date of the examination, the dentist’s name, procedures completed and follow-up treatment recommended, shall be kept.

(d) The dental examination shall include teeth cleaning or checking gums and dentures.

(e) Follow-up dental work indicated by the examination, such as treatment of cavities, shall be completed.

(f) An individual shall have a written plan for dental hygiene, unless the interdisciplinary team has documented in writing that the individual has achieved dental hygiene independence.

(g) A dental hygiene plan shall be rewritten at least annually.

(h) The dental hygiene plan shall be kept in the individual’s record.

Source

Cross References
This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).


(a) If an individual refuses routine medical or dental examination or treatment, the refusal and continued attempts to train the individual about the need for health care shall be documented in the individual’s record.

(b) If an individual has a serious medical or dental condition, reasonable efforts shall be made to obtain consent from the individual or substitute consent in accordance with applicable law. See section 417(c) of the Mental Health and Intellectual Disability Act of 1966 (50 P.S. § 4417(c)).

Source

Cross References
This section cited in 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).
**Authority**

The provisions of this § 6400.143 amended under Articles IX and X of the Human Services Code (62 P.S. §§ 901—922 and 1001—1088).

**Source**


§ 6400.144. Health services.

Health services, such as medical, nursing, pharmaceutical, dental, dietary and psychological services that are planned or prescribed for the individual shall be arranged for or provided.

**Source**


§ 6400.145. Emergency medical plan.

The home shall have a written emergency medical plan listing the following:

1. The hospital or source of health care that will be used in an emergency.
2. The method of transportation to be used.
3. An emergency staffing plan.

**Source**


**STAFF HEALTH**

§ 6400.151. Staff physical examination.

(a) A staff person who comes into direct contact with the individuals or who prepares or serves food, for more than 5 days in a 6-month period, including temporary, substitute and volunteer staff, shall have a physical examination within 12 months prior to employment and every 2 years thereafter.

(b) The physical examination shall be completed, signed and dated by a licensed physician, certified nurse practitioner or licensed physician’s assistant.

(c) The physical examination shall include:

1. A general physical examination.
2. Tuberculin skin testing by Mantoux method with negative results every 2 years; or, if tuberculin skin test is positive, an initial chest x-ray with results noted. Tuberculin skin testing may be completed and certified in writing by a
registered nurse or a licensed practical nurse instead of a licensed physician, licensed physician’s assistant or certified nurse practitioner.

(3) A signed statement that the staff person is free of communicable diseases or that the staff person has a communicable disease but is able to work in the home if specific precautions are taken that will prevent the spread of the disease to individuals.

(4) Information of medical problems which might interfere with the health of the individuals.

Source


§ 6400.152. Communicable diseases.

(a) If a staff person or volunteer has a serious communicable disease as defined in 28 Pa. Code § 27.2 (relating to specific identified reportable diseases, infections and conditions) or a medical problem which might interfere with the health, safety or well-being of the individuals, written authorization from a licensed physician is required for the person to be present at the home.

(b) Written authorization from a licensed physician shall include a statement that the person will not pose a serious threat to the health, safety or well-being of the individuals and specific instructions and precautions to be taken for the protection of the individuals at the home.

(c) The physician’s written instructions and precautions shall be followed.

Source


§ 6400.153. [Reserved].

Source


§ 6400.154. [Reserved].

Source

§ 6400.155. [Reserved].

Source


§ 6400.156. [Reserved].

Source


Cross References

This section cited in 55 Pa. Code § 6000.304 (relating to provisional license factors).

MEDICATIONS

§ 6400.161. Storage of medications.

(a) Prescription and nonprescription medications shall be kept in their original containers, except for medications of individuals who self-administer medications and keep the medications in personal daily or weekly dispensing containers.

(b) Prescription and potentially toxic nonprescription medications shall be kept in an area or container that is locked, unless it is documented in each individual’s assessment that each individual in the home can safely use or avoid toxic materials.

(c) Prescription and potentially toxic nonprescription medications stored in a refrigerator shall be kept in a separate locked container, unless it is documented in each individual’s assessment that each individual in the home can safely use or avoid toxic materials.

(d) Prescription and nonprescription medications shall be stored under proper conditions of sanitation, temperature, moisture and light.

(e) Discontinued prescription medications shall be disposed of in a safe manner.

Source


Cross References

This section cited in 55 Pa. Code § 6400.273 (relating to exceptions).
§ 6400.162. Labeling of medications.

(a) The original container for prescription medications shall be labeled with a pharmaceutical label that includes the individual’s name, the name of the medication, the date the prescription was issued, the prescribed dose and the name of the prescribing physician.

(b) Nonprescription medications shall be labeled with the original label.

Source


§ 6400.162a. Labeling of medication—statement of policy.

Prescriptions for medications may be written by a certified registered nurse practitioner as authorized under 49 Pa. Code Chapter 18, Subchapter C (relating to certified registered nurse practitioners) and Chapter 21, Subchapter C (relating to certified registered nurse practitioners). The label on the original container must include the name of the prescribing practitioner.

Source

The provisions of this § 6400.162a adopted March 26, 2010, effective March 27, 2010, 40 Pa.B. 1644.

§ 6400.163. Use of prescription medications.

(a) Prescription medications shall only be used by the individual for whom the medication was prescribed.

(b) If a medication is prescribed to treat symptoms of a diagnosed psychiatric illness, there shall be a written protocol as part of the ISP to address the social, emotional and environmental needs of the individual related to the symptoms of the diagnosed psychiatric illness.

(c) If a medication is prescribed to treat symptoms of a diagnosed psychiatric illness, there shall be a review with documentation by a licensed physician at least every 3 months that includes the reason for prescribing the medication, the need to continue the medication and the necessary dosage.

Authority

The provisions of this § 6400.163 amended under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


6400-45

(381969) No. 502 Sep. 16
§ 6400.163a. Use of prescription medication—statement of policy.

The review of documentation, including the reason for prescribing the medication, the need to continue the medication and the necessary dosage, may be conducted by a certified registered nurse practitioner (CRNP) as authorized under 49 Pa. Code Chapter 18, Subchapter C (relating to certified registered nurse practitioners) and Chapter 21, Subchapter C (relating to certified registered nurse practitioners) when the medication was prescribed by a CRNP.

Source
The provisions of this § 6400.163a adopted March 26, 2010, effective March 27, 2010, 40 Pa.B. 1644.

§ 6400.164. Medication log.

(a) A medication log listing the medications prescribed, dosage, time and date that prescription medications, including insulin, were administered and the name of the person who administered the prescription medication or insulin shall be kept for each individual who does not self-administer medication.

(b) The information specified in subsection (a) shall be logged immediately after each individual’s dose of medication.

(c) A list of prescription medications, the prescribed dosage and the name of the prescribing physician shall be kept for each individual who self-administers medication.

Source


The medication log must identify the prescribing certified registered nurse practitioner (CRNP) when a medication was prescribed by a CRNP as authorized under 49 Pa. Code Chapter 18, Subchapter C (relating to certified registered nurse practitioners) and Chapter 21, Subchapter C (relating to certified registered nurse practitioners).

Source
The provisions of this § 6400.164a adopted March 26, 2010, effective March 27, 2010, 40 Pa.B. 1644.

§ 6400.165. Medication errors.

Documentation of medication errors and follow-up action taken shall be kept.

Source
§ 6400.166. Adverse reaction.

If an individual has a suspected adverse reaction to a medication, the home shall notify the prescribing physician immediately. Documentation of adverse reactions shall be kept.

Source


§ 6400.166a. Adverse reaction—statement of policy.

Notification of an adverse reaction to a medication may be made to the prescribing certified registered nurse practitioner (CRNP) when the medication was prescribed by a CRNP as authorized under 49 Pa. Code Chapter 18, Subchapter C (relating to certified registered nurse practitioners) and Chapter 21, Subchapter C (relating to certified registered nurse practitioners).

Source

The provisions of this § 6400.166a adopted March 26, 2010, effective March 27, 2010, 40 Pa.B. 1644.

§ 6400.167. Administration of prescription medications and injections.

(a) Prescription medications and injections of a substance not self-administered by individuals shall be administered by one of the following:

(1) A licensed physician, licensed dentist, licensed physician’s assistant, registered nurse or licensed practical nurse.

(2) A graduate of an approved nursing program functioning under the direct supervision of a professional nurse who is present in the home.

(3) A student nurse of an approved nursing program functioning under the direct supervision of a member of the nursing school faculty who is present in the home.

(4) A staff person who meets the criteria specified in § 6400.168 (relating to medications administration training) for the administration of oral, topical and eye and ear drop prescriptions and insulin injections.

(b) Prescription medications and injections shall be administered according to the directions specified by a licensed physician, certified nurse practitioner or licensed physician’s assistant.

Source


6400-47

(381971) No. 502 Sep. 16
§ 6400.168. Medications administration training.

(a) In a home serving eight or fewer individuals, a staff person who has completed and passed the Department’s Medications Administration Course is permitted to administer oral, topical and eye and ear drop prescription medications.

(b) In a home serving eight or fewer individuals, a staff person who has completed and passed the Department’s Medications Administration Course and who has completed and passed a diabetes patient education program within the past 12 months that meets the National Standards for Diabetes Patient Education Programs of the National Diabetes Advisory Board, 7550 Wisconsin Avenue, Bethesda, Maryland 20205, is permitted to administer insulin injections to an individual who is under the care of a licensed physician who is monitoring the diabetes, if insulin is premeasured by licensed or certified medical personnel.

(c) Medications administration training of a staff person shall be conducted by an instructor who has completed the Department’s Medications Administration Course for trainers and is certified by the Department to train staff.

(d) A staff person who administers prescription medications and insulin injections to an individual shall complete and pass the Medications Administration Course Practicum annually.

(e) Documentation of the dates and locations of medications administration training for trainers and staff persons and the annual practicum for staff persons shall be kept.

Source


Cross References

This section cited in 55 Pa. Code § 6400.167 (relating to administration of prescription medications and injections).

§ 6400.169. Self-administration of medications.

(a) To be considered capable of self-administration of medications an individual shall:

1. Be able to recognize and distinguish the individual’s medication.
2. Know how much medication is to be taken.
3. Know when medication is to be taken.

(b) Insulin that is self-administered by an individual shall be measured by the individual or by licensed or certified medical personnel.

Source

§ 6400.171. Protection of food.

Food shall be protected from contamination while being stored, prepared, transported and served.

Source

§ 6400.172. Three meals a day.

At least three meals a day shall be available to the individuals.

Source

§ 6400.173. Quantity of food.

The quantity of food served for each individual shall meet minimum daily requirements as recommended by the United States Department of Agriculture, unless otherwise recommended in writing by a licensed physician.

Source

§ 6400.174. Food groups.

At least one meal each day shall contain at least one item from the dairy, protein, fruits and vegetables and grain food groups, unless otherwise recommended in writing by a licensed physician for individuals.

Source

§ 6400.175. Serving of meals.

Meals shall be served at tables seating 12 or fewer people with additional portions available, unless prohibited by individual needs.

6400-49

(381973) No. 502 Sep. 16
§ 6400.176. Returned food.

Uneaten food from a person’s dish may not be served again or used in the preparation of other dishes.

§ 6400.177. [Reserved].

§ 6400.178. [Reserved].

PROGRAM

§ 6400.181. Assessment.

(a) Each individual shall have an initial assessment within 1 year prior to or 60 calendar days after admission to the residential home and an updated assessment annually thereafter. The initial assessment must include an assessment of adaptive behavior and level of skills completed within 6 months prior to admission to the residential home.

(b) If the program specialist is making a recommendation to revise a service or outcome in the ISP as provided under § 6400.186(c)(4) (relating to ISP review and revision), the individual shall have an assessment completed as required under this section.

(c) The assessment shall be based on assessment instruments, interviews, progress notes and observations.

(d) The program specialist shall sign and date the assessment.

(e) The assessment must include the following information:

(1) Functional strengths, needs and preferences of the individual.
(2) The likes, dislikes and interest of the individual.

(3) The individual’s current level of performance and progress in the following areas:
   (i) Acquisition of functional skills.
   (ii) Communication.
   (iii) Personal adjustment.
   (iv) Personal needs with or without assistance from others.

(4) The individual’s need for supervision.

(5) The individual’s ability to self-administer medications.

(6) The individual’s ability to safely use or avoid poisonous materials, when in the presence of poisonous materials.

(7) The individual’s knowledge of the danger of heat sources and ability to sense and move away quickly from heat sources which exceed 120°F and are not insulated.

(8) The individual’s ability to evacuate in the event of a fire.

(9) Documentation of the individual’s disability, including functional and medical limitations.

(10) A lifetime medical history.

(11) Psychological evaluations, if applicable.

(12) Recommendations for specific areas of training, programming and services.

(13) The individual’s progress over the last 365 calendar days and current level in the following areas:
   (i) Health.
   (ii) Motor and communication skills.
   (iii) Activities of residential living.
   (iv) Personal adjustment.
   (v) Socialization.
   (vi) Recreation.
   (vii) Financial independence.
   (viii) Managing personal property.
   (ix) Community-integration.

(14) The individual’s knowledge of water safety and ability to swim.

(f) The program specialist shall provide the assessment to the SC, as applicable, and plan team members at least 30 calendar days prior to an ISP meeting for the development, annual update and revision of the ISP under §§ 2380.182, 2390.152, 6400.182 and 6500.152 (relating to development, annual update and revision of the ISP).

Authority

The provisions of this § 6400.181 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).
§ 6400.182. Development, annual update and revision of the ISP.

(a) An individual shall have one ISP.

(b) When an individual is not receiving services through an SCO, the residential program specialist shall be the plan lead when one of the following applies:

   (1) The individual resides at a residential home licensed under this chapter.

   (2) The individual resides at a residential home licensed under this chapter and attends a facility licensed under Chapter 2380 or 2390 (relating to adult training facilities; and vocational facilities).

(c) The plan lead shall be responsible for developing and implementing the ISP, including annual updates and revisions.

(d) The plan lead shall develop, update and revise the ISP according to the following:

   (1) The ISP shall be initially developed, updated annually and revised based upon the individual’s current assessment as required under §§ 2380.181, 2390.151, 6400.181 and 6500.151 (relating to assessment).

   (2) The initial ISP shall be developed within 90 calendar days after the individual’s admission date to the facility.

   (3) The ISP, annual updates and revisions shall be documented on the Department-designated form located in the Home and Community Services Information System (HCSIS) and also on the Department’s web site.

   (4) An invitation shall be sent to plan team members at least 30 calendar days prior to an ISP meeting.

   (5) Copies of the ISP, including annual updates and revisions under § 6400.186 (relating to ISP review and revision), shall be provided as required under § 6400.187 (relating to copies).

Authority

The provisions of this § 6400.182 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

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§ 6400.183. Content of the ISP.

The ISP, including annual updates and revisions under § 6400.186 (relating to ISP review and revision), must include the following:

1. Services provided to the individual and expected outcomes chosen by the individual and individual’s plan team.

2. Services provided to the individual to increase community involvement, including volunteer or civic-minded opportunities and membership in National or local organizations as required under § 6400.188 (relating to provider services).

3. Current status in relation to an outcome and method of evaluation used to determine progress toward that expected outcome.

4. A protocol and schedule outlining specified periods of time for the individual to be without direct supervision, if the individual’s current assessment states the individual may be without direct supervision and if the individual’s ISP includes an expected outcome which requires the achievement of a higher level of independence. The protocol must include the current level of independence and the method of evaluation used to determine progress toward the expected outcome to achieve the higher level of independence.

5. A protocol to address the social, emotional and environmental needs of the individual, if medication has been prescribed to treat symptoms of a diagnosed psychiatric illness.

6. A protocol to eliminate the use of restrictive procedures, if restrictive procedures are utilized, and to address the underlying causes of the behavior which led to the use of restrictive procedures including the following:
   (i) An assessment to determine the causes or antecedents of the behavior.
   (ii) A protocol for addressing the underlying causes or antecedents of the behavior.
   (iii) The method and timeline for eliminating the use of restrictive procedures.
   (iv) A protocol for intervention or redirection without utilizing restrictive procedures.
(7) Assessment of the individual’s potential to advance in the following:
   (i) Residential independence.
   (ii) Community involvement.
   (iii) Vocational programming.
   (iv) Competitive community-integrated employment.

Authority

The provisions of this § 6400.183 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


§ 6400.184. Plan team participation.

(a) The plan team shall participate in the development of the ISP, including the annual updates and revisions under § 6400.186 (relating to ISP review and revision).
   (1) A plan team must include as its members the following:
      (i) The individual.
      (ii) A program specialist or family living specialist, as applicable, from each provider delivering a service to the individual.
      (iii) A direct service worker who works with the individual from each provider delivering services to the individual.
      (iv) Any other person the individual chooses to invite.
   (2) If the following have a role in the individual’s life, the plan team may also include as its members, as applicable, the following:
      (i) Medical, nursing, behavior management, speech, occupational or physical therapy specialists.
      (ii) Additional direct service workers who work with the individual from each provider delivering services to the individual.
      (iii) The individual’s parent, guardian or advocate.
   (b) At least three plan team members, in addition to the individual, if the individual chooses to attend, shall be present for an ISP, annual update and ISP revision meeting.
   (c) A plan team member who attends a meeting under subsection (b) shall sign and date the signature sheet.

Authority

The provisions of this § 6400.184 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source

§ 6400.185. Implementation of the ISP.

(a) The ISP shall be implemented by the ISP’s start date.

(b) The ISP shall be implemented as written.

Authority

The provisions of this § 6400.185 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


§ 6400.186. ISP review and revision.

(a) The program specialist shall complete an ISP review of the services and expected outcomes in the ISP specific to the residential home licensed under this chapter with the individual every 3 months or more frequently if the individual’s needs change which impacts the services as specified in the current ISP.

(b) The program specialist and individual shall sign and date the ISP review signature sheet upon review of the ISP.

(c) The ISP review must include the following:

1. A review of the monthly documentation of an individual’s participation and progress during the prior 3 months toward ISP outcomes supported by services provided by the residential home licensed under this chapter.

2. A review of each section of the ISP specific to the residential home licensed under this chapter.

3. The program specialist shall document a change in the individual’s needs, if applicable.

4. The program specialist shall make a recommendation regarding the following, if applicable:

   (i) The deletion of an outcome or service to support the achievement of an outcome which is no longer appropriate or has been completed.

   (ii) The addition of an outcome or service to support the achievement of an outcome.

   (iii) The modification of an outcome or service to support the achievement of an outcome in which no progress has been made.

5. If making a recommendation to revise a service or outcome in the ISP, the program specialist shall complete a revised assessment as required under § 6400.181(b) (relating to assessments).

(d) The program specialist shall provide the ISP review documentation, including recommendations, if applicable, to the SC, as applicable, and plan team members within 30 calendar days after the ISP review meeting.

(e) The program specialist shall notify the plan team members of the option to decline the ISP review documentation.
(f) If a recommendation for a revision to a service or outcome in the ISP is made, the plan lead as applicable, under §§ 2380.182(b) and (c), 2390.152(b) and (c), 2400.182(b) and (c), 6500.152(b) and (c) (relating to development, annual update and revision of the ISP), shall send an invitation for an ISP revision meeting to the plan team members within 30 calendar days of receipt of the recommendation.

(g) A revised service or outcome in the ISP shall be implemented by the start date in the ISP as written.

Authority

The provisions of this § 6400.186 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


Cross References

This section cited in 55 Pa. Code § 6400.181 (relating to assessment); 55 Pa. Code § 6400.182 (relating to development, annual update and revision of the ISP); 55 Pa. Code § 6400.183 (relating to content of the ISP); 55 Pa. Code § 6400.184 (relating to plan team participation); and 55 Pa. Code § 6400.213 (relating to content of records).


A copy of the ISP, including the signature sheet, shall be provided to plan team members within 30 calendar days after the ISP, annual update and ISP revision meetings.

Authority

The provisions of this § 6400.187 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


Cross References

This section cited in 55 Pa. Code § 6400.182 (relating to development, annual update and revision of the ISP).

§ 6400.188. Provider services.

(a) The residential home shall provide services including assistance, training and support for the acquisition, maintenance or improvement of functional skills, personal needs, communication and personal adjustment.
(b) The residential home shall provide opportunities and support to the individual for participation in community life, including volunteer or civic-minded opportunities and membership in National or local organizations.

(c) The residential home shall provide services to the individual as specified in the individual’s ISP.

(d) The residential home shall provide services that are age and functionally appropriate to the individual.

Authority

The provisions of this § 6400.188 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


Cross References

This section cited in 55 Pa. Code § 6400.44 (relating to program specialist); and 55 Pa. Code § 6400.183 (relating to content of the ISP).

§ 6400.189. Day services.

(a) Day services such as competitive community-integrated employment, education, vocational training, volunteering, civic-minded and other meaningful opportunities shall be provided to the individual.

(b) Day services shall be provided at a location other than the residential home where the individual lives, unless one of the following applies:

(1) There is written annual documentation by a licensed physician that it is medically necessary for the individual to complete day services at the residential home.

(2) There is written annual documentation by the plan team that it is in the best interest of the individual to complete day services at the residential home.

Authority

The provisions of this § 6400.189 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


§ 6400.190. Recreational and social activities.

(a) The residential home shall provide recreational and social activities, including volunteer or civic-minded opportunities and membership in National or local organizations at the following locations:

(1) At the residential home.

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(381981) No. 502 Sep. 16
(2) Away from the residential home.
(b) Time away from the residential home may not be limited to time in school, work or vocational, developmental and volunteer facilities.
(c) Documentation of recreational and social activities shall be kept in the individual’s record.

Authority
The provisions of this § 6400.190 issued under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source

RESTRICTIVE PROCEDURES

§ 6400.191. Definition of restrictive procedures.
A restrictive procedure is a practice that limits an individual’s movement, activity or function; interferes with an individual’s ability to acquire positive reinforcement; results in the loss of objects or activities that an individual values; or requires an individual to engage in a behavior that the individual would not engage in given freedom of choice.

Source

§ 6400.192. Written policy.
A written policy that defines the prohibition or use of specific types of restrictive procedures, describes the circumstances in which restrictive procedures may be used, the persons who may authorize the use of restrictive procedures, a mechanism to monitor and control the use of restrictive procedures and a process for the individual and family to review the use of restrictive procedures shall be kept at the home.

Source

Cross References
This section cited in 55 Pa. Code § 6400.273 (relating to exceptions).
§ 6400.193. Appropriate use of restrictive procedures.
(a) A restrictive procedure may not be used as retribution, for the convenience of staff persons, as a substitute for the program or in a way that interferes with the individual’s developmental program.
(b) For each incident requiring restrictive procedures:
   (1) Every attempt shall be made to anticipate and de-escalate the behavior using methods of intervention less intrusive than restrictive procedures.
   (2) A restrictive procedure may not be used unless less restrictive techniques and resources appropriate to the behavior have been tried but have failed.

Source

§ 6400.194. Restrictive procedure review committee.
(a) If a restrictive procedure is used, there shall be a restrictive procedure review committee.
(b) The restrictive procedure review committee shall include a majority of persons who do not provide direct services to the individual.
(c) The restrictive procedure review committee shall establish a time frame for review and revision of the restrictive procedure plan, not to exceed 6 months between reviews.
(d) A written record of the meetings and activities of the restrictive procedure review committee shall be kept.

Source

Cross References
This section cited in 55 Pa. Code § 6400.204 (relating to emergency use of exclusion and manual restraints).

§ 6400.195. Restrictive procedure plan.
(a) For each individual for whom restrictive procedures may be used, a restrictive procedure plan shall be written prior to use of restrictive procedures.
(b) The restrictive procedure plan shall be developed and revised with the participation of the program specialist, the individual’s direct care staff, the interdisciplinary team as appropriate and other professionals as appropriate.
(c) The restrictive procedure plan shall be reviewed, and revised, if necessary, according to the time frame established by the restrictive procedure review committee, not to exceed 6 months.

(d) The restrictive procedure plan shall be reviewed, approved, signed and dated by the chairperson of the restrictive procedure review committee and the program specialist, prior to the use of a restrictive procedure, whenever the restrictive procedure plan is revised and at least every 6 months.

(e) The restrictive procedure plan shall include:

(1) The specific behavior to be addressed and the suspected antecedent or reason for the behavior.

(2) The single behavioral outcome desired stated in measurable terms.

(3) Methods for modifying or eliminating the behavior, such as changes in the individual’s physical and social environment, changes in the individual’s routine, improving communications, teaching skills and reinforcing appropriate behavior.

(4) Types of restrictive procedures that may be used and the circumstances under which the procedures may be used.

(5) A target date for achieving the outcome.

(6) The amount of time the restrictive procedure may be applied, not to exceed the maximum time periods specified in this chapter.

(7) Physical problems that require special attention during the use of restrictive procedures.

(8) The name of the staff person responsible for monitoring and documenting progress with the plan.

(f) The restrictive procedure plan shall be implemented as written.

(g) Copies of the restrictive procedure plan shall be kept in the individual’s record.

Source


Cross References

This section cited in 55 Pa. Code § 6400.204 (relating to emergency use of exclusion and manual restraints).

§ 6400.196. Staff training.

(a) If restrictive procedures are used, there shall be at least one staff person available when restrictive procedures are used who has completed training within the past 12 months in the use of and ethics of using restrictive procedures including the use of alternate positive approaches.
(b) A staff person responsible for developing, implementing or managing a restrictive procedure plan shall be trained in the use of the specific techniques or procedures that are used.

(c) If manual restraint or exclusion is used, a staff person responsible for developing, implementing or managing a restrictive procedure plan shall have experienced use of the specific techniques or procedures directly on themselves.

(d) Documentation of the training program provided, including the staff persons trained, dates of training, description of training and training source shall be kept.

Source


§ 6400.197. Seclusion.

Seclusion, defined as placing an individual in a locked room, is prohibited. A locked room includes a room with any type of door locking device, such as a key lock, spring lock, bolt lock, foot pressure lock or physically holding the door shut.

Source


§ 6400.198. Aversive conditioning.

The use of aversive conditioning, defined as the application, contingent upon the exhibition of maladaptive behavior, of startling, painful or noxious stimuli, is prohibited.

Source


§ 6400.199. Chemical restraints.

(a) A chemical restraint is a drug used to control acute, episodic behavior that restricts the movement or function of an individual.

(b) Administration of a chemical restraint is prohibited except for the administration of drugs ordered by a licensed physician on an emergency basis.

(c) If a chemical restraint is administered as specified in subsection (b), the following apply:

(1) Prior to each incidence of administering a drug on an emergency basis, a licensed physician shall have examined the individual and given a written order to administer the drug.
(2) Prior to each readministration of a drug on an emergency basis, a licensed physician shall have examined the individual and ordered readministration of the drug.

(d) If a chemical restraint is administered as specified in subsection (c), the following apply:
   
   (1) The individual’s vital signs shall be monitored at least once each hour.
   
   (2) The physical needs of the individual shall be met promptly.

(e) A Pro Re Nata (PRN) order for controlling acute, episodic behavior is prohibited.

(f) A drug ordered by a licensed physician as part of an ongoing program of medication is not a chemical restraint.

(g) A drug ordered by a licensed physician for a specific, time-limited stressful event or situation to assist the individual to control the individual’s own behavior, is not a chemical restraint.

(h) A drug ordered by a licensed physician as pretreatment prior to medical or dental examination or treatment is not a chemical restraint.

(i) A drug self-administered by an individual is not a chemical restraint.

(j) If a drug is administered in accordance with subsection (b), (f), (g) or (h) there shall be training for the individual aimed at eliminating or reducing the need for the drug in the future.

(k) Documentation of compliance with subsections (b)—(i) shall be kept.

Source


§ 6400.200. Mechanical restraints.

(a) A mechanical restraint is a device used to control acute, episodic behavior that restricts the movement or function of an individual or portion of an individual’s body. Examples of mechanical restraints include anklets, wristlets, camisoles, helmets with fasteners, muffs and mitts with fasteners, poseys, waist straps, head straps, restraining sheets and similar devices.

(b) The use of a mechanical restraint is prohibited except for use of helmets, mitts and muffs to prevent self-injury on an interim basis not to exceed 3 months after an individual is admitted to the home.

(c) If a mechanical restraint is used as specified in subsection (b), the following apply:
   
   (1) The use of a mechanical restraint may not exceed 2 hours, unless a licensed physician examines the individual and gives written orders to continue use of the restraint. Reexamination and new orders by a licensed physician are required for each 2-hour period the restraint is continued. If a restraint is
removed for any purpose other than for movement and reused within 24 hours after the initial use of the restraint, it is considered continuation of the initial restraint.

(2) A licensed physician shall be notified immediately after a mechanical restraint is used.

(3) The restraint shall be checked for proper fit by a staff person at least every 15 minutes.

(4) The physical needs of the individual shall be met promptly.

(5) The restraint shall be removed completely for at least 10 minutes during every 2 hours the restraint is used, unless the individual is sleeping.

(6) There shall be training for the individual aimed at eliminating or reducing the need for the restraint in the future.

(7) Documentation of compliance with subsection (b) and paragraphs (1)—(6) shall be kept.

(d) A device used to provide support for functional body position or proper balance and a device used for medical treatment, such as sand bags to limit movement after medical treatment, a wheelchair belt that is used for body positioning and support or a helmet for prevention of injury during seizure activity, are not considered mechanical restraints.

Source

§ 6400.201. Use of personal funds and property.

(a) An individual’s personal funds or property may not be used as reward or punishment.

(b) An individual’s personal funds or property may not be used as payment for damages unless the individual consents to make restitution for the damages.

Source


(a) Manual restraint is a physical hands-on technique that lasts more than 30 seconds, and is used to control acute, episodic behavior that restricts the movement or function of an individual or portion of an individual’s body, such as basket holds and prone or supine containment.

(b) Manual restraint shall be used only when necessary to protect the individual from injuring himself or others.

(c) Manual restraint shall be used only when it has been documented that other less restrictive methods have been unsuccessful in protecting the individual from injuring himself or others.

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(a) An individual shall be released from the manual restraint within the time specified in the restrictive procedure plan not to exceed 30 minutes within a 2-hour period.

Source

§ 6400.203. Exclusion.

(a) Exclusion is the removal of an individual from the individual’s immediate environment and restricting the individual alone to a room or area. If a staff person remains with the individual, it is not exclusion.

(b) Exclusion shall be used only when necessary to protect the individual from self-injury or injury to others.

(c) Exclusion shall be used only when it has been documented that other less restrictive methods have been unsuccessful in protecting the individual from self-injury or injury to others.

(d) An individual shall be permitted to return to routine activity within the time specified in the restrictive procedure plan not to exceed 60 minutes within a 2-hour period.

(e) Exclusion may not be used for an individual more than 4 times within a 24-hour period.

(f) An individual in exclusion shall be monitored continually by a staff person.

(g) A room or area used for exclusion shall have at least 40 square feet of indoor floor space, with a minimum ceiling height of 7 feet.

(h) A room or area used for exclusion shall have an open door or a window for staff observation of the individual.

(i) A room or area used for exclusion shall be well lighted and ventilated.

Source

§ 6400.204. Emergency use of exclusion and manual restraints.

If exclusion or manual restraint is used on an unanticipated, emergency basis, §§ 6400.194 and 6400.195 (relating to restrictive procedure review committee; and restrictive procedure plan) do not apply until after the exclusion or manual restraint is used for the same individual twice in a 6-month period.

Source
§ 6400.205. Restrictive procedure records.

A record of each use of a restrictive procedure documenting the specific behavior addressed, methods of intervention used to address the behavior, the date and time the restrictive procedure was used, the specific procedures followed, the staff person who used the restrictive procedure, the duration of the restrictive procedure, the staff person who observed the individual if exclusion was used and the individual’s condition following the removal of the restrictive procedure shall be kept in the individual’s record.

Source


The individual’s day service facility shall be sent copies of the restrictive procedure plan and revisions of the plan. Documentation of transmittal of the restrictive procedure plan shall be kept.

Source


INDIVIDUAL RECORDS

§ 6400.211. Emergency information.

(a) Emergency information for an individual shall be easily accessible at the home.

(b) Emergency information for each individual shall include the following:

(1) The name, address, telephone number and relationship of a designated person to be contacted in case of an emergency.

(2) The name, address and telephone number of the individual’s physician or source of health care.

(3) The name, address and telephone number of the person able to give consent for emergency medical treatment, if applicable.

(4) A copy of the individual’s most recent annual physical examination.

Source


§ 6400.212. Individual records.

(a) A separate record shall be kept for each individual.
(b) Entries in an individual’s record shall be legible, dated and signed by the person making the entry.

Source

§ 6400.213. Content of records.
Each individual’s record must include the following information:
(1) Personal information including:
   (i) The name, sex, admission date, birthdate and social security number.
   (ii) The race, height, weight, color of hair, color of eyes and identifying marks.
   (iii) The language or means of communication spoken or understood by the individual and the primary language used in the individual’s natural home, if other than English.
   (iv) The religious affiliation.
   (v) The next of kin.
   (vi) A current, dated photograph.
(2) Unusual incident reports relating to the individual.
(3) Physical examinations.
(4) Dental examinations.
(5) Dental hygiene plans.
(6) Assessments as required under § 6400.181 (relating to assessment).
(7) A copy of the invitation to:
   (i) The initial ISP meeting.
   (ii) The annual update meeting.
   (iii) The ISP revision meeting.
(8) A copy of the signature sheets for:
   (i) The initial ISP meeting.
   (ii) The annual update meeting.
   (iii) The ISP revision meeting.
(9) A copy of the current ISP.
(10) Documentation of ISP reviews and revisions under § 6400.186 (relating to ISP review and revision), including the following:
   (i) ISP review signature sheets.
   (ii) Recommendations to revise the ISP.
   (iii) ISP revisions.
   (iv) Notices that the plan team member may decline the ISP review documentation.

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(v) Requests from plan team members to not receive the ISP review documentation.

(11) Content discrepancy in the ISP, The annual update or revision under § 6400.186.

(12) Restrictive procedure protocols and records related to the individual.

(13) Copies of psychological evaluations, if applicable.

(14) Recreational and social activities provided to the individual.

Authority

The provisions of this § 6400.213 amended under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


Cross References

This section cited in 55 Pa. Code § 6400.214 (relating to record location); 55 Pa. Code § 6400.261 (relating to exceptions for respite care); and 55 Pa. Code § 6400.262 (relating to exceptions for emergency respite care).

§ 6400.214. Record location.

(a) Record information required in § 6400.213(1) (relating to content of records) shall be kept at the home.

(b) The most current copies of record information required in § 6400.213(2)—(14) shall be kept at the residential home.

(c) Record information required in § 6400.213(2)—(14) that is not current shall be kept at the residential home or the administrative office.

Authority

The provisions of this § 6400.214 amended under sections 911 and 1021 of the Public Welfare Code (62 P.S. §§ 911 and 1021).

Source


§ 6400.215. Record retention.

(a) Information in the individual’s record shall be kept for at least 4 years or until any audit or litigation is resolved.

(b) An individual’s records shall be kept for at least 4 years following the individual’s departure or until any audit or litigation is resolved.

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§ 6400.216. Access.
(a) An individual’s records shall be kept locked when unattended.
(b) The individual, and the individual’s parent, guardian or advocate, shall have access to the records and to information in the records. If the interdisciplinary team documents that disclosure of specific information constitutes a substantial detriment to the individual or that disclosure of specific information will reveal the identity of another individual or breach the confidentiality of persons who have provided information upon an agreement to maintain their confidentiality, that specific information identified may be withheld.

Written consent of the individual, or the individual’s parent or guardian if the individual is 17 years of age or younger or legally incompetent, is required for the release of information, including photographs, to persons not otherwise authorized to receive it.

§ 6400.218. [Reserved].

HOMES SERVING NINE OR MORE INDIVIDUALS

§ 6400.231. Additional requirements for homes serving nine or more individuals.
Sections 6400.232—6400.245 apply to homes serving nine or more individuals. These provisions are in addition to the other provisions of this chapter.
§ 6400.232. Awake staff persons.
A staff person counted in the ratio as specified in § 6400.45(b) (relating to staffing) shall be awake.

§ 6400.233. Sewage system approval.
A home that is not connected to a public sewer system shall have a written sanitation approval for its sewage system by the sewage enforcement official of the municipality in which the home is located.

§ 6400.234. Indoor living furniture.
There shall be a sufficient amount of living and recreation furniture, excluding furniture in bedrooms, to seat all the individuals at the same time.

§ 6400.235. Elevators and ramps.
If the home serves an individual who is nonambulatory in a multistoried building, there shall be an elevator or a ramp between each floor.
§ 6400.236. Evacuation procedures.
Written emergency evacuation procedures as specified in § 6400.103 (relating to evacuation procedures) and an evacuation diagram specifying directions for egress in the event of an emergency, shall be posted in a conspicuous place.

Source

§ 6400.237. Exit signs.
(a) Signs bearing the word “EXIT” in plain legible letters shall be placed at exits.
(b) If the exit or way to reach the exit is not immediately visible to the individuals, access to exits shall be marked with readily visible signs indicating the direction of travel.
(c) Exit sign letters shall be at least 6 inches in height with the principal strokes of letters not less than 3/4 inch wide.

Source

§ 6400.238. Laundry.
(a) There shall be a laundry area which is separate from the kitchen and other living areas.
(b) The laundry area shall have an entrance that does not require transportation of soiled linen through food preparation and food storage areas or soiled linen shall be covered while being transported through food preparation and food storage areas.

Source

§ 6400.239. Dining area.
(a) A dining area shall be available to accommodate the maximum number of individuals scheduled for meals at any one time.
(b) A dining table may not seat more than 12 individuals.

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§ 6400.240. Dishwashing.

(a) Utensils used for eating, drinking, preparation and serving of food or drink shall be washed, sanitized and rinsed after each use by a mechanical dishwasher or by a method approved by the Department of Environmental Resources.

(b) A mechanical dishwasher shall use hot water temperatures exceeding 140°F in the wash cycle and 180°F in the final rinse cycle or shall be of a chemical sanitizing type approved by the National Sanitation Foundation.

(c) A mechanical dishwasher shall be operated in accordance with the manufacturer’s instructions.

§ 6400.241. Food storage.

(a) Food shall be stored in covered containers.

(b) Food shall be kept at the proper temperature. Cold food shall be kept at or below 45°F. Hot food shall be kept at or above 140°F. Frozen food shall be kept at or below 0°F.

§ 6400.242. Returned food.

Food returned from dining tables or individual plates may not be served again or used in preparation of other food dishes.

§ 6400.243. Menus.

(a) A written daily menu shall be prepared and accessible to an individual.

(b) The menu shall be accessible to an individual at least 1 day prior to the menu date.
(c) A change to a menu shall be accessible to an individual in advance of the meal.
(d) A written menu and changes to the menu shall be followed.
(e) A written menu shall be retained for at least 3 months.

Source

§ 6400.244. Bedrooms.
An individual’s bedroom may not be more than 200 feet from a bathtub or shower and a toilet.

Source

§ 6400.245. Bathrooms.
(a) For a home serving nine or more individuals, subsections (b)—(d) supersede § 6400.82(a)—(c) (relating to bathrooms).
(b) For a home serving nine through 14 individuals 18 months of age or older, there shall be at least two bathtubs or showers and at least two toilets.
(c) For a home serving 15 or more individuals 18 months of age or older, except those homes previously licensed under the Departmental publication entitled “Residential Mental Retardation Facilities Subject to Licensing” issued as section 5100 on April 1, 1967, there shall be at least one bathtub or shower for every 15 individuals and at least one toilet for every eight individuals. For a home that was licensed prior to March 15, 1982 under the Departmental publication entitled “Residential Mental Retardation Facilities Subject to Licensure” issued as section 5100 on April 1, 1967, that serve 15 or more individuals, there shall be at least one bathtub or shower for every 20 individuals and at least one toilet for every 10 individuals.
(d) For a home serving an individual who has physical disabilities 18 months of age or older, at least one bathtub or shower and at least one toilet for every eight individuals who have physical disabilities shall have assist bars or lifts. If eight or fewer individuals who have physical disabilities are served, there shall be at least one bathtub or shower and at least one toilet equipped with assist bars or lifts.

Source
§ 6400.251. Exceptions.
(a) Emergency placement is placement prior to which 2 weeks or less notice is given to the home.
(b) If an emergency placement occurs, § 6400.141 (relating to individual physical examination) shall be met within 31 calendar days after placement.

Source

Notes of Decisions
The use of a homeowner’s house in respite care program, which provides temporary short period residential care for mentally retarded persons, was not permitted in single family residential zone because providing the mentally retarded persons with short term residential care was not within the definition of “family” as a “single, nonprofit housekeeping unit.” In re of Summers, 551 A.2d 1134 (Pa. Cmwlth. 1988); appeal denied 565 A.2d 1169 (Pa. 1989).

§ 6400.252. Other requirements.
Other requirements in this chapter apply for emergency placements.

Source

RESPITE CARE

§ 6400.261. Exceptions for respite care.
(a) Respite care is temporary community home care not to exceed 31 calendar days in a calendar year.
(b) The following sections do not apply for individuals receiving respite care:
   (1) Section 6400.78 (relating to indoor living space).
   (2) Sections 6400.81(g) and (h) (relating to individual bedrooms).
   (3) Sections 6400.121—6400.127 (relating to program).
   (4) Section 6400.142 (relating to dental care).
   (5) Section 6400.213(4), (5), (7) and (8) (relating to content of records).

Source
§ 6400.262. Exceptions for emergency respite care.
(a) Emergency respite care is respite care placement prior to which 2 weeks or less notice is given to the home.
(b) The following sections do not apply for individuals receiving emergency respite care:
   (1) Section 6400.78 (relating to indoor living space).
   (2) Subsections 6400.81(g) and (h) (relating to individual bedrooms).
   (3) Sections 6400.121—6400.127.
   (4) Sections 6400.141 and 6400.142 (relating to individual physical examination; and dental care).
   (5) Paragraphs 6400.213(3)—(8) (relating to content of records).

Source

§ 6400.263. Other requirements.
Other requirements in this chapter apply for respite care and emergency respite care.

Source

SEMI-INDEPENDENT LIVING

§ 6400.271. Semi-independent living abilities.
An individual is considered to have semi-independent living abilities if the individual:
   (1) Is capable of evacuating the entire building or to a fire safe area designated in writing within the past year by the local fire department, without assistance from another person, within 2 1/2 minutes or within the period of time specified in writing within the past year by the local fire department.
   (2) Requires only intermittent training to maintain basic daily living skills in the areas of hygiene, cooking, cleaning, eating, nutrition, money management, use of telephone, understanding the concept of time, communication, socialization, self protection, first aid, fire safety, sexuality, community mobility, general safety and emergency procedures.
   (3) Is 18 years of age or older.
§ 6400.272. Annual documentation.
There shall be annual written documentation of each individual’s semi-independent living abilities based on assessment of the individual’s skills in each of the areas specified in § 6400.271 (relating to semi-independent living abilities), signed and dated by the program specialist.

Source

§ 6400.273. Exceptions.
The following sections do not apply if all individuals in the home or separate wing or floor of the home have semi-independent living abilities:

(1) Section 6400.45 (relating to staffing).
(2) Sections 6400.62(a) and (b), 6400.63 and 6400.68(b) (relating to poisons; heat sources; and running water).
(3) Section 6400.161(b) and (c) (relating to storage of medications).
(4) Sections 6400.18(b) and 6400.192 (relating to reporting of unusual incident policies; and written policy) as these sections relate to location of policies.

Source

§ 6400.274. Additional requirements.

(a) There shall be at least one staff member available while individuals are at the home. This staff person need not be physically present at the home.
(b) An individual shall be instructed upon initial admission and reinforced annually in the use of fire extinguishers, smoke detectors and fire alarms and to notify the local fire department as soon as possible after a fire is discovered.

Source

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§ 6400.275. Other requirements.
Other requirements in this chapter apply for semi-independent living.

Source

APPENDIX A. [Reserved]

Source